



	Trail Running Route
	Road Running Route
	Water/Medical Station
	Restrooms
	Trail Parking Lot

EAGLE RIVER

CLEARWATER LAKE

THREE LAKES

START

5K START

FINISH



45

70

45

45

45

A

Mud Creek

Loon Lake Rd

Bloom Rd

Four Women Boardwalk

Sundstein Road

Section 9 Road

Bridge

Black Spruce Boardwalk

Cranberry Boardwalk

Wykowski Road

Rice Lake Road

Thunder Lake State Wildlife Area